## **Workplace Conversations**

Multi-tasking

Timidity

Gamesmanship	<b>v.</b>	High-Quality Making-Meaning Conversations
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Collaboration is transactional		Collaboration is relational
Collaboration is competitive; zero-sum game		Collaboration is seeking to understand others & seeking to be understood in the pursuit of excellence
	BEHAVIO	RS
Self-centeredness		Humility
Wandering Mind		A Quiet Mind
Be disrespectful		Be kind & caring
Close-minded		Open-minded
Being reactive & judgmental		Pausing and reflecting
Listening to confirm		Listening to learn—to clarify
"Yes, but"		"Yes, and"
Telling—advocating		Asking learning questions

Being fully present

Courage to explore

## Gamesmanship

## High-Quality Making-Meaning Conversations



GOALS



Play cards close to the chest

Transparency, authenticity and candor

Minimize personal "losses"

Optimizing an Idea Meritocracy

Optimize looking good personally

**Optimizing Collective Intelligence** 

Being good at knowing

Being good at "not knowing"



## **EMOTIONAL STATE**



vegative emotional state	
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Positive emotional state

Emotions do not belong in the workplace

Positively Emotionally connect & relate with others

Fearful of looking bad or being hurt

I trust my team members—I feel safe

Ego: Big Me

"Otherness": Big We

Being defensive

Being One with others

Cautious—being risk adverse

Having the courage to explore

Stressed

Inner Peace—calmness—stillness

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